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October 2016

Issue 8 40th Year

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# HOME OWNERS ASSOCIATION INCORPORATED - Sept 29, 1983 HOA Board of Directors For The Year 2016

President Vice President Secretary Treasurer Ray Sears Dave Olsen Cheryl Meyer Jeanne Muncaster Directors at Large

Ralph Huffman Sumner Israelson Tom Turner Patty Karlhoffer

### **Chairmen For The Year 2016**

Anniversaries & Birthdays

Bridge Bowling Dance

Channel 96

Euchre

Golf
Good Times
Koffee Klatch
Librarian
Monthly Media

Official Bulletin Board Pancake Breakfast

Parliamentarian Phone Book

Pokeno Sunshine

Welcome Committee:

East Side West Side Ruth Hall

June Salvato Neal Alexander

Sue Sears

Elaine Eckert

Bill & Carolin Gowland

Cheryl Meyer June Salvato Toni Pesta Lily Porter Neal Alexander

Jeanne Muncaster Ray Sears & Helpers

Ruth Hall

Blanche Onley Blanche Onley

Roxanne Turner

A Complete Listing of Resident Services can be found on the page before your calendar











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### **RENT & MAINTENANCE FEE FOR 2017**

The Board of Directors of Caribbean Isles Co-Op, Inc. has proposed and approved that there be no rent or maintenance fee increase for 2017. The additional occupant fee for any third or more additional occupants will also be suspended for 2017.

## HOA NOTES PRESIDENTS CORNER:

ere's hoping everyone had a good, safe, and happy summer no matter where you were located. Regular meetings and social events will be starting up again very soon: Bingo started up again in September after a month shut down.

- HOA monthly meetings will resume, with the first being Tuesday, October 4th @ 7:00 PM.
- The monthly Pot Luck events will resume, with the first being Friday, October 21. The HOA will be providing chicken and attendees should bring a dish to pass. This is a BYOB event and you should bring your own table settings.
- The first Pancake Breakfast will be held Saturday, November 5th.

We have had a resignation of one of the HOA Board Members so there is an opening for anyone interested in getting involved with your community. We need your input and hope there are residents out there that want to be a part of decision making. If you are that person, contact any current HOA board member and become an active part of Caribbean Isles.

The HOA would like to congratulate and thank Ruth Hall for 20 years of service with Newby Management.

After a meeting with board members, the following information is released to the community:

Tickets for the Friday, December 2nd HOA Annual Holiday Dinner will be distributed on a first come/first served basis at the Clubhouse starting on:

Friday, November 4th 9:00 AM – 11:00 AM

5:00 PM - 7:00 PM

Sunday, November 6th 2:00 PM – 4:00 PM

Tickets will be issued to residents of Caribbean Isles only, sorry, no relatives or friends.

Ray Sears, HOA President



### **OCTOBER CALENDAR**

Tuesday October 4 Wednesday October 5 Tuesday October 11	7:00 PM 10:00 AM 12:30 PM	HOA Meeting Good Times Meeting Good Times Ladies Luncheon -
Saturday October 15 Friday October 21 Monday October 24 Friday October 29 Saturday October 30	11:00 AM 5:00 PM 7:00 PM 8A - 1P 5:00 PM	E & E Stakeout Grill Poker Run Pot Luck Co-Op Board Meeting Craft Show & Granny's Attic Halloween Gobbles & Brews

### **MONTHLY REPEAT EVENTS**

Please note only monthly events are listed on the calendar. The events that occur weekly, each week, are listed below:

All Mondays	1:00 PM	Card Games
All Tuesdays	9:00 AM	Pool Exercise
All Wednesdays	9:00 AM	Pool Exercise
	1:00 PM	Bowling @ Seminole Lanes
	6:45 PM	Pokeno
All Thursdays	9:00 AM	Pool Exercise
	9:00 AM	Ladies Breakfast, call Nancy Gillette for info
		727-253-1526
	8:30 AM	Romeo Breakfast, call Hum Ammeter for info
		581-0284
All Fridays	9:00 AM	Pool Exercise
	9:00 AM	Golf @ Largo Golf Course
All Saturdays	5:45 PM	Bingo
2		





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### SUNSHINE

Blanche Onley, 584-7372, is our sunshine person for the park. If you know of someone who needs a thinking of you card, is in the hospital or re-hab, please let her know. Get well cards were sent to Betty Jamail – fractured leg, Julie Poloncarz – illness, Brian Mitchell – illness. Sympathy cards were sent to the family of Thomas Hintz, who passed away.

### DID'JA KNOW??

In August, 1973, a bank robbery-turned-hostage taking began in Stockholm, Sweden. The 4 hostages ended up empathizing with their captors, a psychological condition now referred to as "Stockholm Syndrome".

If you read or hear of something that you think will be of interest to our residents, please contact Neal Alexander, Media Coordinator (<u>nilerivers@gmail.com</u> or 581-1334).

### **GOLF & BOWLING NEWS**

he Caribbean Isles Golf League will begin this season on Friday, October 7th at 9:00 AM at Largo Golf Course. The league is open to men and women. If interested in playing, please call Cheryl Meyer at 581-0421 or Sue Alexander at 581-1334.

The "55 and Alive" Bowling League started on Wednesday, September 7, 2016 at Seminole Lanes. Bowling starts at 1:00 PM every Wednesday. If you are interested in joining the league, contact Naomi Spangler at 548-6738 or Neal Alexander at 581-1334. Seminole Lanes is located on Park Boulevard and Starkey.

### **OCTOBER ANNIVERSARIES**

October 8, 1971	Neal & Sue Alexander	45 yrs.
October 17, 1970	John & Noreen Nadeau	46 yrs.
October 24, 1981	David & Cheryl Vought	35 yrs.
October 25, 2002	Karl & Patricia Jewell	14 vrs.



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## 

### **OCTOBER BIRTHDAYS**

- 1 Dave Onley Larry Yanotti LuAnne James
- 2 Marie (Madalyn) Wilkewitz Beverly Bertoia
- 3 Lauren Ashcroft
- 4 Ted Santos Cheryl Lively
- 5 Edna Wallace
- 6 David Latta
- John Medland George Postich Frank DiPolito
- 8 Gregg MacKendrick Gladys Whitelaw
- 9 Sophie Capalongo
- 10 Luanne Grazioso Betty Magnan Jerry Lucrezia Jay Birnbaum Roger Wray
- 11 Tracy Milanese
- 12 Doris McAuliffe
- 14 Lucille Eggers

- 15 Sandra Duford Robert Davidson
- 17 Barbara Cleaver
- 19 Dick Alexander Glenn Gascoyne Dot Warkentien
- 20 Randy Cirksena Mark Leisen
- 21 Donald Schwanke
- 22 Joyce Clark Deb Sullivan Jennifer Brosseau
- 24 Karen Fischer Ginny Taylor
- 25 Marianne Dinsmore
- 26 Howard Feldman
- 27 Stanley Kovar
- 28 Pat Chandler
- 30 Georgia Cirksena Sherry Horton Roni Yelton
- 31 Harold Rawe Buddy Jacobs



## יום אות היום אות היום

### **GOOD TIMES**

The next Good Times meeting will take place on Wednesday, October 5 at 10:00 AM in the Clubhouse. All ladies from the park are encouraged and invited to attend to help prepare and plan for events throughout the year. Any profits from our events go to the Homeowner's Association for the betterment of our community and to support ongoing activities

### **UPCOMING EVENTS:**

- October 15th **Poker Run**, using golf carts and bicycles leaving from the Clubhouse at 11:00 AM. Sign up on the Bulletin Board in the Clubhouse. Prize money awarded to the best and worst Poker Hand. \$5.00 to enter. Call June @ 727-430-4233.
- October 29th Craft Show/Granny's Attic, 8:00 1:00 PM. Baked Goods needed for Bake Sale, call Barb Paul, 727-674-0137.
- October 30th **Halloween Gobbles and Brews**, Devilish Soups, Sandwiches, Cake, and Brew Punch. 5:00 PM, BYOB Cocktails, 5:30 PM Dinner. Costumes are optional!! \$6.00 per person. Call Sue Sears @ 813-476-3831.
- November 18th **Turkey Dinner Pot Luck**, 5:00 PM BYOB Cocktails, 5:30 PM Dinner. Bring a seasonal dish to pass. NO CHARGE.
- December 18th Christmas Golf Cart/Bicycle/Tricycle Parade followed by a Christmas Get-Together in the Clubhouse. The Holiday House Decorating Contest will take place the weekend of December 16-17. The winners of the Parade and the House Decorating Contest will be announced with prizes given for both. The Parade will begin at 3:00 PM and the Christmas Social after the Parade will begin approximately at 5:00 PM. Everyone in the Community will be invited to attend this festive event.

### **2016 GOOD TIMES LUNCHEONS**

ctober 11th - Ladies Luncheon 12:30PM E & E Stakeout Grill, Indian Rocks Road and West Bay, Barb Cleaver, Hostess, 727-873-8672

November 8th - Ladies Luncheon 12:30 PM AppleBee's, East Bay & US 19, Chris Swank, Hostess, 727-474-6771

CARIBBEAN ISLES OCTOBER, 2016 S

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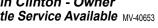
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### **BRIDGE**

ince we do not have enough players, Bridge has been cancelled until we have at least 4 players. We are playing Cribbage on Mondays at 1PM. Come with your boards & cards. Depending on the number of people, we will play singles or partners. For more info, call June Salvato at 727-430-4233.

### DANCE SCHEDULE FOR 2016 – 2017

- Friday November 25 7:30 10:30 A Night in the Caribbean with music by D J Denise
- Saturday December 31 8:15 -12:15 New Year's Eve Celebration w/A & B D J. Hats and Noisemakers provided!!

  Bring an appetizer or snack for the hors' d' oeuvre Buffet table
- Friday January 27 7:30 10:30 50's/60's Dance with Soundwavz Band
- Friday February 24 7:30 10:30 Mardi Gras Celebration with New Horizon Band
- Friday March 24 7:30 10:30 Bon Voyage Love Boat Cruise Dance with Joey Royal Dance Parties
- Dance Tickets are \$7.00 per person per dance. The New Year's Eve event will be \$10.00. In addition, we are asking attendees to bring an hors d'oeuvre for the Buffet Table at this event
- Season Tickets are available to purchase before November 25th for \$30.00 per person, a savings of \$8.00 for all 5 events.

Contact any Dance Committee Member or Sue Sears, Lot 207, or call 813-476-3831.

Dance Committee members are:

Barb Cleaver 813-476-3831 Lot 207

Wendy Grief 727-581-8963 Lot 262

Georgiann Leone 727-754-3045 Lot 358

Toni Pesta 727-586-5645 Lot 342

Roxann Turner 727-386-5064 Lot 209

More information will be furnished before each event by way of the Clubhouse Bulletin Board and Channel 96.

CARIBBEAN ISLES OCTOBER, 2016 S



# GREETINGS CARIBBEAN ISLES RESIDENTS!! SCOOP HERE!! SPEAKING OF SPORTS......

### October 2016.....

It's only a matter of time before Caribbean Isles is whole again. Our northern commuters will be arriving and our activities will be waking up with more participants.

Bowling has already started up at Seminole Lanes with Caribbean Isles being represented by 7 of our residents on 3 teams. Ol' Scoop won't be participating this year as I have been put on the PUP (Physically Unable to Perform) list. I will, however, keep residents informed of their progress by posting standings sheets in the clubhouse.

Golf will be starting at Largo Golf Course in October. Beginners, middle of the roaders, and experts, men and women, are welcome to join. Check the Media for contact numbers.

Congratulations are in order for the New York residents in our park as a Little League team from (All's well that) Endwell, NY captured the Little League Championship in August. They defeated a team from Tennessee for the U. S. Championship and then defeated a team from South Korea for the overall Championship. Of course there was a pool going on and wouldn't you know it, a couple of New Yorkers, Al & Cheryl Meyer (Lot 359), won all the money. Kudos to the guys from Endwell on a job well done!!

Bob Pesta reports from the great white north that the Koffee Klatches will resume in November. Shuffleboard will also resume in November provided there are enough players. He hopes that our new residents will step up and join the team.

### This Just In:

U.N. Secretary-General Ban Ki-moon says he is disappointed with world leaders who are more interested in retaining power than improving the lives of their people. But enough about the members of Congress who are up for reelection in November. - Jim Barach, Political Humorist.

### **Sign of the Times:**

August 10th was Umbrella Night at Target Field in Minneapolis when the Twins hosted the Astros. The game got rained out.

### **ANSWER TO LAST MONTH'S TRIVIA QUESTION:**

his was an easy one. The quote came from baseball's master of the malapropism, Yogi Berra. A Scoop "Shout-out" to Roxann Turner and Sumner Israelson for getting the answer.



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# OCTOBER•2016

Sunday	Monday	Т
,	,	
2	3	7:00 PM
9	10	12:30 F Times Lunche Stakeo
16	17	
23	7:00 PM Co-Op Board Meeting	
30 5:00 PM Halloween Gobbles & Brews	31 Halloween	

## **Caribbean Isles**

uesday	Wednesday	Thursday	Friday	Saturday
				1
4 M HOA g	5 10:00 AM Good Times Meeting	6	7	8
11 PM Good Ladies eon - E & E ut Grill	12	13	14	15 11:00 AM Poker Run
18	19	20	21 5:00 PM Pot Luck	22
25	26	27	28	8:00 AM - 1:00 PM Craft Show & Granny's Attic
				NOVEMBER 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



### THIS MONTH'S WHERE IN THE WORLD IS "SCOOP":

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The town was not named after D. B. Cooper

Remember to let me know of stories and/or accomplishments by residents, friends, and/or family and we'll publish them here. Call me at 727-581-1334 or email me at nilerivers@gmail. com. And remember, you don't have to play a sport good to be a good sport...

### **Just listen**

man whose marriage was in trouble sought advice from his minister. The minister heard the man out and then said, "You must learn to listen to your wife."

The man took this advice to heart, but he returned a month later to say the marriage was still unhappy, even though he had learned to listen to every word his wife said.

The minister said with a smile, "Now go home, and listen to every word she isn't saying."

### Learn to let go

A little boy was playing one day with a very valuable vase. When he put his hand inside it and couldn't draw it back out, he called for his mother. His mother tried gently to slide his hand free, but it remained stuck.



She was ready to break the vase when she said, "OK, let's try one more time, Open your hand and hold your fingers out out straight, and then pull."

"Oh, no, mommy!" the boy cried. "If I do that, I'll drop my penny!"

Storytellers have as profound a purpose as any who are charged to guide and transform human lives.

—Nancy Mellon











## **CENTURY AWNINGS**



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### Check medical bills with care

ealing with health insurance claims can be frustrating and time-consuming. Multiple bills from different departments for what seems like one medical procedure can baffle even the most organized consumer. The key is to keep track of insurance claims and keep detailed records. Follow this advice:

- **Review records**. Verify that the medical provider has the correct billing information. Also, check the identification or group number of your insurance plan on claim forms.
- Follow up to be sure the claim is being processed. Contact the provider or insurer after receiving a bill to confirm receipt. Write down the names of everyone you speak to, noting the date of the call and any available confirmation numbers.
- **Verify all the expenses.** Check to see if you are being billed twice. Similarly, verify that the contracted rate between the insurer and the provider is actually what you are being billed for.

### Revamp your finances to save more money

If you can figure out how to save just \$125 per month, then set up an automatic savings to a mutual fund that yields an average of 7 percent, in five years you will have almost \$9,000. In 20 years, that amount will have grown to \$65,000! Here are four suggestions for coming up with that \$125 per month:

• Look at your cable TV bill. Do you need all those channels? You can roll your bill back by getting rid of premium channels or subscribing to a smaller, cheaper package.

- Stop picking up magazines from the supermarket or newsstand. Save yourself some money by reading online or subscribing to your favorite magazine instead. And if you're subscribing to anything you don't read, cancel it.
- Change your cell service. Shopping around can get you a better deal that will save you bucks. Just make sure you won't be penalized for breaking a contract early.
- Call your credit card company. You may be able to get a lower interest rate just by asking.

## 

### Did you know that October is also...

**Italian-American Heritage Month.** The goal of Italian-American Heritage Month is to inform the public about the contributions made by Italians and Italian-Americans, especially in the arts, the humanities, and the sciences, and to celebrate the impact that Italian culture and language have had on the United States.



**National Bullying Prevention Month.** A campaign held during October, uniting communities nationwide to educate about and raise awareness of bullying prevention, National Bullying Prevention Month is recognized in communities across the United States, with hundreds of schools and organizations signing on as partners.

National Cybersecurity Awareness Month. The internet touches almost all aspects of everyone's daily life, whether we realize it or not. National Cybersecurity Awareness Month is intended to engage and educate public and private sector partners through events and initiatives with the goal of raising awareness about cybersecurity and increasing the resiliency

of the nation in the event of a cyber incident.

National Walk Your Dog Week, Oct. 1-7. According to the American Veterinary Medical Association, more than 40 percent of dogs—a total of about 17 million—in the United States are overweight. Walking your dog just 30 minutes a day helps both of you maintain a healthy weight and a good heart.

**Earth Science Week, Oct. 9-16.** This year's Earth Science Week celebrates the theme, "Our Shared Geoheritage"—the collection of natural wonders, landforms, and resources that have formed over eons and come to this generation to manage, use, and conserve effectively.

Free Speech Week, Oct. 16-22. A yearly event to raise public awareness of the importance of free speech in our democracy and to celebrate that freedom. Express your right to free speech by posting a message online, composing a poem, writing a letter to the editor, or whatever works best for you.

National Massage Therapy Awareness Week, Oct. 23-29. Research suggests that symptoms of stress, anxiety and depression may be ameliorated with massage therapy. Athletes at all stages have also benefited from massage therapy. By combining your exercise routine with a massage therapy treatment, you will be able to train longer and harder and make the most of your workout.

World Animal Day, Oct. 4. An international day of action for animal rights and welfare, celebrated annually on the feast day of Francis of Assisi, the patron saint of animals.

**National Chess Day, Oct. 8.** Play a game that sharpens your mind, challenges your intellect, and brings you closer together with other people.

Columbus Day, Oct. 10. Observed on the second Monday of October to commemorate Christopher Columbus's arrival on the North American continent on Oct. 12, 1492.

Ada Lovelace Day, Oct. 18. Considered one of the world's first female computer programmers, Ada Lovelace helped develop an early predecessor of the modern computer in the 19th century.

Halloween, Oct. 31. Trick or treat!



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### ACROSS

- 1. Unit of electrical capacitance
- 6. Smooth and gleaming
- 11. Not arm
- 14. Classical music theatre
- 15. Breed of dog
- 16. An Australian flightless bird
- 17. Vengeance
- 19. Card with just 1 symbol
- 20. Anagram of "Leaps"
- 21. S S S S
- 23. Chinese cinnamon
- 27. There are 50 of them
- 28. Associated with the Christian church
- 32. Regions
- 33. Impersonate
- 34. Electro-encephalogram
- 37. Shipped
- 38. Flamingo or heron
- 39. Protagonist
- 40. East southeast
- 41. Doughnut-shaped roll
- 42. Freight
- 43. The arrangement of windows of a building
- 45. Infirm due to age
- 48. Makes angry
- 49. Nymph
- 50. An anesthetic
- 53. Doctrine
- 54. Ardent supporters
- 60. Beak
- 61. Moral weaknesses
- 62. A squeaking noise
- 63. N N N N
- 64. An ancient Hebrew unit of dry measure
- 65. An abrasive board

1. Since or because

60

- 2. Gorilla
- 4. Arrangement (abbrev.)
- 6. Porgy fish
- 7. Parcels of land
- 8 A Great Lake
- 9. Self-importance
- 11. The smallest amount
- 12. Master of ceremonies
- 13. Suppose or surmise
- 18. Sheep sounds

25

- 3 Drench
- 5. Newspapers

- 10. Relating to the motion of **bodies**

22. Pouch

61

- 23. Stop
- 24. Units of area
- 25. Vista
- 26. A thin strip of wood

**DOWN** 

- 27. Agitate 29. Picture
- 30. Assistants
- 31. Capelin
- 34. Strange or spooky
- 35. A plant disease
- 36. Thugs
- 38. Ebb
- 39. Caps
- 41. Accept as true

42. Impulse

62

43. Type of tree

19

- 44. Regrets
- 45. Gleam
- 46. A red fluorescent dye
- 47. Makes insensitive
- 50. Engrave
- 51. A Titaness of ancient
- mythology
- 52. A call for quiet
- 55 Small bite
- 56. Forelimb
- 57. Perceive visually
- 58. Asphalt
- 59. The air above us





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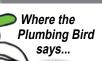


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Carol Zapiecki, Clearwater, FL

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### **EVENTS & PROGRAMS**

CRAFT SHOW, Saturday, October 8th, 9am – 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL. 95 Vendors/95 Prizes. Indoor & Outdoor Show. Food Court & Pumpkin Patch. \$1.00 Admission goes toward the homeless.

Annual Craft Fair Saturday 11/05/16, Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9am-1pm. A variety of handmade crafts, Bake sale, and Canteen open for food.

CRAFT SHOW 12/10/16 Four Seasons Estates, Largo. Vendors wanted. Email medmatchpay@yahoo.com for application, or 727-200-3240 for more info.

Craft Show 10/29/16 from 8am to 1pm. Crafters Wanted. Caribbean Isles, Largo. \$10 per Table. Please call Barb 727-674-0137.

Crafters Wanted: Paradise Island Annual Craft Fair. Sat. 11/5/16. Tables \$10 & \$15. Call Sammye 727-474-2660

Annual Bazaar - Ranchero Village MHP, 7100 Ulmerton Road, Largo Florida. Sunday, November 13th, 12-4pm. Many vendors and food available.

Craft Sale Saturday December 3rd, 2016 8:30 am - 1:30 pm Sugar Creek MHP @ Clubhouse - 10265 Ulmerton Road, Largo (Behind Pier One Store). Bake Sale and Lunch. Tables \$10.00 - Call Sally 727-584-2404

HOLIDAY BAZAAR 11/12/16 All indoor craft show. First Lutheran Church, 1644 Nursery, Clearwater. Vendors: 727-744-3806 or eobrien2429@gmail.com

Junk In The Truck Rummage Sale: Saturday, Oct. 22nd 8am - 12:30pm. St Catherine of Siena Catholic Church 1955 S. Belcher Rd, Clearwater, FL 33764

### ATTENTION RESIDENTS!

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-Monthly Media Staff

## **NOVEMBER AD DEADLINE - OCTOBER 10, 2016**

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
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### Gas giant found orbiting two stars could host life

Jupiter-size planet in the habitable zone of two suns may have moons capable of supporting life, scientists say. Kepler-1647b is 3,700 light-years from Earth, and its two parent stars are about the size and age of our sun. It's a gas giant without a solid surface, the largest planet discovered in a two-star system, and it orbits the stars in 1,107 days.

As the MSN website reports, almost half of all sun-like stars discovered exist in binary systems. Most of their planets are closer to the size of Saturn and circle relatively closer to their parent stars, not in the zone where liquid water could exist. The discovery of

Kepler-1647b by the Kepler space telescope suggests that other such Tatooine-like worlds (after Luke Skywalker's home in the Star Wars movies) could be waiting elsewhere in the universe.

### **Volcanoes on Mars? Maybe**

The Curiosity rover has made an unexpected discovery on Mars that's making scientists re-examine what they know about the history of the red planet.

As reported on the ScienceDaily website, Curiosity drilled into a rock at a location on the Martian landscape known as "Buckskin," collecting powder that was analyzed by X-ray diffraction. Scientists identified the powder as tridymite, a silicate mineral.

What's surprising? Tridymite is associated with volcanism— which wasn't thought to be a feature of Mars. The discovery has scientists wondering whether active volcanoes were at one time present on Mars despite its lower temperature. Mars, it seems, is still full of surprises.

Science is not about control. It is about cultivating a perpetual condition of wonder in the face of something that forever grows one step richer and subtler than our latest theory about it. It is about reverence, not mastery.

-Richard Powers

## 

### Skin cancer risk—your feet

ou probably know to check the areas of your skin that get the most exposure to sunlight for symptoms of melanoma, but don't neglect the rest of your body. The WebMD website reports that skin cancer can develop on the soles of people's feet, particularly the spots that get the most stress from walking or running. Those areas include the ball of the foot, the side of the arch, and particularly the heel.



Melanoma on the sole of the foot is rare, accounting for just 2.4 cases per million for Caucasian Americans and 2.2 per million among African-Americans. However, because most of us don't think to check our feet for signs of cancer, it's often very advanced when discovered. So don't forget your feet when examining your skin.

### Sea sponge could hold key to fighting deadly infections

RSA (methicillin-resistant Staphylococcus aureus) is a bacterial infection that kills an average of 11,000 patients every year in the United States. But scientists now believe they've discovered an Antarctic sea sponge that produces a chemical compound capable of stopping it.

According to the UPI website, researchers studying the defense mechanisms of sea sponges—as well as algae and underwater invertebrate organisms—found the compound, named darwinolide, in Dendrilla membranosa. It works by penetrating MRSA's protective biofilm, a coating of proteins, carbohydrates, and DNA that current antibiotics can't get through.

Harvesting the sponges from the sea floor is neither practical nor environmentally sound, so the scientists are looking for a way to produce the compound synthetically. Fortunately, UPI states, most chemical compounds found in nature can be reproduced in the lab by chemists

### Poison found on ancient arrowheads

Primitive humans may have hunted prey with poison-tipped arrows at least 13,000 years ago, according to an article on the Sci-News website. Archeologists in eastern Africa uncovered several artifacts made from bone in the Kuumbi Cave—implements that included five slender projectile points. The cave also held traces of ancient charcoal from the Mkunazi plant, which has poisonous fruit.

Ancient humans probably used poison-tipped arrows of bone because stone-tipped arrows and spears didn't have the stopping power to take down large prey like zebras or buffalo.

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### (Allow 4-6 weeks for mailing of check) This month's cash winners are:

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		. E & E Gliddon Air Conditioning, Inc.
John Matus	\$10	AMS West Coast
Frank Marmarose	\$10	Modern AC & Appliance Service
Nancy Wallace	\$10	Rod Runners, Inc.
Angela Mistretta	\$10	Doll Brothers Carpet Cleaners
		Jones & Sons Plumbing, Inc.
Debra Santee	\$10	Buggin Out Termite & Pest Control
Debbie Cammarn	\$10	. Appliance Specialty Contractors, Inc.
Patricia Marek	\$10	Bill the Carpet Guy
Sandy Ravelin	\$10	Battleline Termite & Pest Control
Art Kelsey	\$10	Denny's Plumbing, Inc.
Martha Bunker	\$10	Bill the Carpet Guy
Cindy Trenkamp	\$10	Royal Enterprises
Kristin Bacon	\$5	AMS West Coast
Terry Smith	\$5	Boss Electric Corp
Jenny Naegele	\$5	Sunset Appliance Service
Kenny Eckhart	\$5	Battleline Termite & Pest Control
		Barron's AC & Appliance Service
Bruce Janckila	\$5	Jones & Sons Plumbing, Inc.
Marcia Light-White	\$5	AMS West Coast
Russell Jones	\$5	Royal Enterprises
Vicki DeFrank	\$5	
Shirley Jansma	\$5	

vinners are:		
Dennis Kreke	\$5	Boss Electric Corp
Paul Gray	\$5	Bill the Carpet Guy
Barbara Champion	\$5	Boss Electric Corp
George Boyd	\$5	Doll Brothers Carpet Cleaners
		Modern AC & Appliance Service
Ronny Lillo	\$5	Air Masters of Pinellas. Inc.
		Payless Painting Services, Inc.
Shirley Thompson	\$5	Jones & Sons Plumbing, Inc.
Beatrice Johnson	\$5	Air Masters of Pinellas. Inc.
Gise Le Brouillette	\$5	AJ's Beds & Furniture, Inc.
		1st Class Handyman Services
Godfried A. Grunwald.	\$5	E & E Gliddon Air Conditioning, Inc.
Pat Jackson	\$5	Recreational Golf Carts
Phillip Friedlander	\$5	
Judy Archer	\$5	Kathy's Cleaning Service
Michael Walsh	\$5	Largo Plumbing Co.
Irene Hartzell	\$5	Appliance Specialty Contractors, Inc.
Dorothy Daley	\$5	Jones & Sons Plumbing, Inc.
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